



Land of Lincoln

Short Track Championships

February 25-26, 2006

Skate in the Widest rink in the Country! 120x200*

University of Illinois Ice Arena, 406 East Amory, Champaign, IL 61820.

Sanctioned by U.S. Speedskating, and the Amateur Skating Association of Illinois.

Meet Schedule

	Saturday	Sunday
Novice & Class A Registration	12:15-1:15 pm	
Officials & Coaches Meeting	1:15-1:30 pm	
Warm Up: Tiny Tot, Pee Wee, Pony, Midget, Open B, & Special Needs	1:15-1:30 pm	7:00-7:15 am
Warm Up: Juvenile, Open A, Senior B, Master	1:30-1:45 pm	7:15-7:30 am
Races	2:00-5:30 pm	7:30-12:45 pm

Races:

Class B

Tiny Tot (5 and under)	55	111	166	222
Pee Wee (6 to 7)	111	222	333	444
Pony (8 to 9)	222	333	444	500
Midget (10 to 11)	222	333	500	777
Open B (12 to 15)	333	500	777	1000
Special Needs	222	333	500	611

Class A

Pee Wee (6 to 7)	111	222	333	500
Pony (8 to 9)	222	333	500	777
Midget (10 to 11)	333	500	777	1000
Juvenile (12 to 13)	500	777	1000	1500
Open A (14 and up)	500	1000	1500	3000
Senior B (16 and up)	500	777	1000	1500
Master (30 and up)	500	1000	1500	3000

Last distance skated is the tiebreaker. Men's and Women's divisions in all age groups.

Events and divisions may be combined due to time constraints or low registration.

FORMAT

Race protocols will utilize an "all points format" by divisions. Multiple finals will be run for all divisions, where applicable. For divisions without heats, additional races or combining of divisions to create heats may occur. The last race in Class A will be a super final that includes all skaters. Class A & Novice will skate on both Saturday and Sunday.

AWARDS

Class A & Class B: Class A & B will receive awards 1st through 3rd overall in each division. Open A division will receive awards 1st through 4th overall. Class B will receive ribbons for individual races: 1st through 3rd.

Chilly Blair 500 Meter Award, one for the best meet time for women and another for the men will be presented on Sunday in addition to the awards presented in the competition categories.

RELAY RACE

This year we will be offering a 3000m relay race for the participants in the Juvenile, Open A, and Master Division. Each relay team will include four skaters. Skaters are encouraged to use this as practice for National and North American Relays; please skate with association members that you are likely to be teammates with. Relays are not limited to only skaters participating in Nationals relays, everyone is encouraged to participate. Please mark the check box on the registration form. Races will be on Sunday at the end of the meet.

REGISTRATION Online at Champaignspeedskating.org (Preferred Method)

Entry Fee: Class A Skaters \$37 fee, if late \$52, Class B \$32 fee, if late \$47. Unattached skaters Additional \$10. Family Cap is \$92.50. *To avoid late fee, payment must be made by February 20, 2005. No Gate Entries! Pay online with,*



REGISTRATION by Mail additional notes

To avoid late fee, payment must accompany registration and be received by February 20, 2005. No Gate Entries! We would prefer that people would send in their registration via the Online form.

Make Checks Payable to CUSC. Mail Entries to: CUSC PO Box 11172 Champaign, IL 61826-1172

Entries may not be called in.

Questions, please contact, Marcus Merrill 217-417-4781, MarcusM@champaignspeedskating.org

HOST HOTEL

The Country Inn and Suites, 602 WEST MARKETVIEW DRIVE, CHAMPAIGN, IL 61822, (217 355-6666)

Mention: Land of Lincoln Speedskating to enjoy a Special Rate of \$89plus tax for a standard room and \$99 plus tax for a two- room suite. This rate includes the hotel’s complimentary continental "plus" breakfast. **Reservations must be made by February 4, 2006 to guarantee this special rate.** Directions and more information is on champiagnspeedskating.org



Directions From I-57 to Country Inns & Suites By Carlson, Champaign North, IL

602 West Marketview Drive, Champaign IL 61822

Reservations: (800) 456-4000 US Toll Free

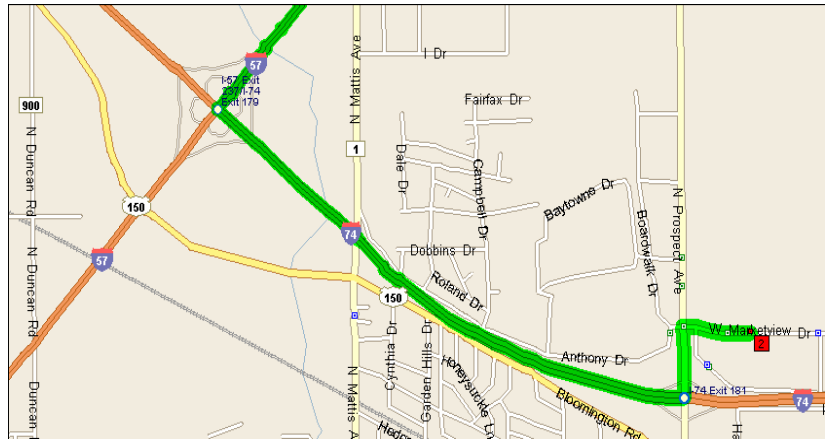
Telephone: (217) 355-6666 **Fax:** (217) 355-7314

Summary: 110.1 miles (1 hour, 37 minutes)

Time	Mile	Instruction	For
5:30 PM	0.0	Depart near Tinley Park on I-57 (South)	108.0 mi
7:04 PM	108.0	At I-57 Exit 237/I-74 Exit 179, turn LEFT (South-East) onto I-74	1.7 mi
7:06 PM	109.7	At I-74 Exit 181, turn LEFT (North) onto N Prospect Ave	0.2 mi
7:07 PM	109.9	Turn RIGHT (East) onto W Marketview Dr	0.2 mi
7:07 PM	110.1	Arrive 602 W Marketview Dr, Champaign, IL 61822	

SUMMARY

Driving distance: 110.1 miles
 Total travel time: 1 hour, 37 minutes
 Driving time: 1 hour, 37 minutes
 Cost: \$7.30



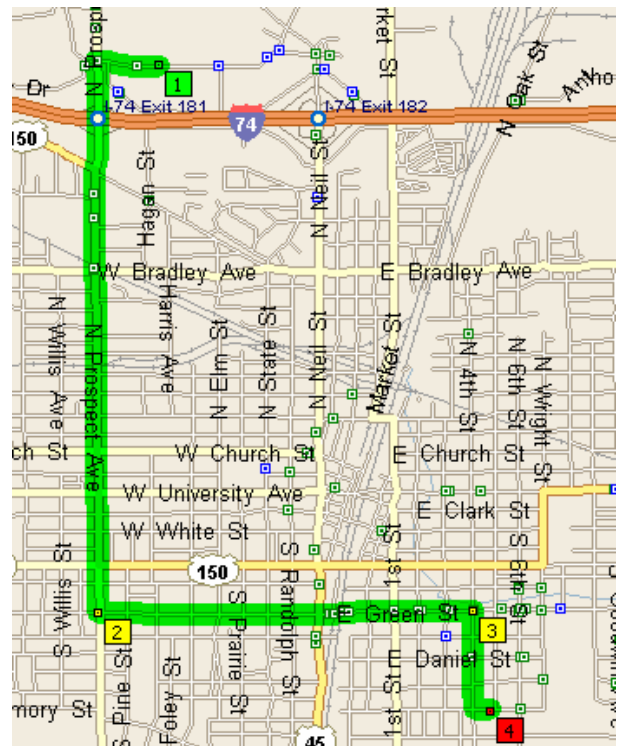
Directions From Country Inns & Suites By Carlson, Champaign North, IL to University of Illinois Ice Area, 406 East Amory Ave, Champaign, IL 61820.

Summary: 3.7 miles (10 minutes)

Time	Mile	Instruction	For
8:00 AM	0.0	Depart 602 W Marketview Dr, Champaign, IL 61822 on W Marketview Dr (West)	0.2 mi
8:00 AM	0.2	Turn LEFT (South) onto N Prospect Ave	1.9 mi
8:04 AM	2.1	Turn LEFT (East) onto (W) Green St	1.3 mi
8:09 AM	3.4	Turn RIGHT (South) onto S 4th St	0.3 mi
8:10 AM	3.7	Turn LEFT (East) onto E. Armory Ave	
8:10 AM	3.7	Arrive 406 E Armory Ave, Champaign, IL 61820	

SUMMARY

Driving distance: 3.7 miles
 Total travel time: 10 minutes
 Driving time: 10 minutes
 Cost: \$0.38



ENTRY FORM

Name _____ Club _____ Assoc. _____

Address _____ City _____

State _____ Zip _____ - _____ E-Mail _____

Phone (____) _____ - _____ USS# _____ Male / Female Class: A / Novice

Division _____ Age as of 7/1/05 _____ Birth date ____/____/____ Relay Race: Yes / No

Seed Times:

Midget and Above: _____ 500m Place/Date: _____ / ____/ ____

Pony and Below: _____ 222m Place/Date: _____ / ____/ ____

Total Registration Enclosed \$ _____ (Make check payable to CUSC)

Participant Signature _____ Date ____/____/____

Parent Signature If skater is under 18 years of Age. _____ Date ____/____/____

All skaters participating in this meet must sign ABOVE, saying "I have read this release of liability and waiver agreement (below), fully understand its terms and sign it freely and voluntarily. If under 18 and a parent is not to be present; an adult is authorized to act in their absence. (Note by signing this entry blank, the above named participant certifies that he/she has read the U.S. Speedskating code of conduct and agrees to abide by it.) Safety Equipment: Required, helmet, gloves, kneepads, neck protectors, shin guards, full length sleeves, and full length pants.

WAIVER & RELEASE

NOTE: THIS FORM MUST BE READ AND SIGNED, BEFORE THE PARTICIPANT IS PERMITTED TO TAKE PART IN THE LAND OF LINCOLN SHORT TRACK COMPETITION ON FEBRUARY 25-26, 2006, IN CHAMPAIGN, IL. BY SIGNING THE ENTRY FORM, THE PARTICIPANT AFFIRMS HAVING READ IT.

IN CONSIDERATION OF MY INVOLVEMENT IN THE SPORT AND ACTIVITIES UNDER THE AUSPICES OF U.S. SPEEDSKATING, AND/ OR ASAI ACKNOWLEDGE, APPRECIATE AND AGREE THAT:

1. I RISK BODILY INJURY, INCLUDING PARALYSIS, DISMEMBERMENT, DISABILITY AND DEATH, AND WHILE PARTICULAR RULES OF MY SPORT, EQUIPMENT, AND PERSONAL TRAINING AND DISCIPLINE MAY REDUCE THIS RISK, THIS RISK OF INJURY DOES EXIST, AS WELL AS THE RISK OF DAMAGE TO OR LOSS OF PROPERTY;
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS; BOTH KNOWN AND UNKNOWN, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERS;
3. I WILLINGLY AGREE TO COMPLY WITH THE STATED AND CUSTOMARY TERMS AND CONDITIONS FOR PARTICIPATION. IF, HOWEVER, I OBSERVE ANY UNUSUAL OR UNNECESSARY HAZARD DURING MY PRESENCE OR PARTICIPATION, I WILL BRING SUCH TO THE ATTENTION OF THE NEAREST OFFICIAL;
4. I, FOR MYSELF, AND ON BEHALF OF MY HEIRS, ASSIGNS, PERSONAL REPRESENTATIVES, AND NEXT OF KIN, HEREBY RELEASE, HOLD HARMLESS, AND PROMISE NOT TO SUE THE A.S.A.I., U.S. SPEEDSKATING, THE UNIVERSITY OF ILLINOIS ICE RINK, THE INTERNATIONAL OLYMPIC COMMITTEE, THE UNITED STATES OLYMPIC COMMITTEE, THE INTERNATIONAL SKATING UNION OR OTHER SPONSORING ORGANIZATIONS, THEIR OFFICERS, VOLUNTEERS, STAFF, SPONSORS AND/OR AGENTS, ("RELEASEES") WITH RESPECT TO ANY AND ALL INJURY AND LOSS ARISING FROM MY PARTICIPATION, WHETHER CAUSED BY THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, EXCEPT THAT WHICH IS THE RESULT OF GROSS NEGLIGENCE OR WANTON MISCONDUCT.

FOR PARTICIPANTS OF MINORITY AGE

(Under Age 18 at the Time of Registration)

This is to certify that I/we as parent(s)/guardian(s) with legal responsibility for this participant, do consent and agree not only to his/her release, but also for, myself/ourselves, and my/our heirs, assigns and next of kin to release and indemnify the Releasees from any and all Liability incident to my/our minor child's involvement as stated above.